



WINTER SWIM FEST



January 19, 20, and 21, 2018

Updated January 15, 2018

The **Pickering Swim Club** is pleased to host the **2017 PICK Winter Swim Fest**.

DATE: January 19, 20, and 21, 2018

HOSTED BY: **Pickering Swim Club**

Meet Manager: Tim Newman, Fran Koerth, Andrew Haines

Contact: meetmanager@pickswimclub.com

Competition Coordinator: Su Kin Cheong (Level 5)

LOCATION: Pickering Recreation Complex
1867 Valley Farm Road
Pickering, ON, L1V 3Y7
Located close to the 401, just east of Toronto

FACILITY: Pool: - 25 metre, 8 lane pool
- Electronic timing and scoreboard
- Warm up pool available

Concession will operate during all sessions

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

COMPETITION: Sanctioned by Swim Ontario.

All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

This is an invitational meet. Participation of this meet is at the full discretion of the Pickering Swim Club.

Foreign competitors are welcome, subject to the provisions below.

AGE UP DATE: Ages submitted are to be as of start of the meet – January 19, 2018.



WINTER SWIM FEST



January 19, 20, and 21, 2018

FOREIGN COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All swimmers and coaches must have primary residence within the province/state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to the start of competition.

COACHES:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

ENTRIES:

- Entries must be submitted through the SNC online entries system at www.swimming.ca.
- Meet Management will not accept entries via email.
- Online Entry Deadline: **Friday January 5, 2018**.
- Changes to entries will not be accepted after **Friday January 12, 2018**. After that time, fees will be calculated; no refunds will be granted for missed swims. **NO LATE ENTRIES ACCEPTED.**
- Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".
- Swimmers may swim maximum of 2 individual events for session 1, and a maximum of 4 entries per session for sessions 2 through 7. Meet Management reserves the right to further limit individual events to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours. Coaches will be notified in advance.
- Relay swimmers must be entered in a non-relay event in order to compete.
- Qualifying period for entry to the meet is from January 1, 2017.
- No qualifying times.
- Entries are considered complete with payment and will have priority over incomplete entries.
- All fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not.

ENTRY FEES:

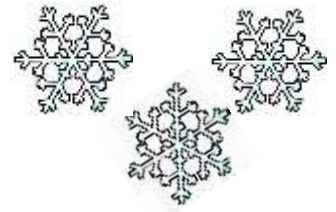
| | |
|-------------------------|---------|
| Individual entries are: | |
| 25m | \$7.00 |
| 50m - 200m | \$9.00 |
| 400m | \$10.00 |
| 800m, 1500m | \$12.00 |
| Relays Team Entries: | \$12.00 |

Splash Fee: \$5.00 per swimmer.

Cheques are to be made payable to: [PICKERING SWIM CLUB INC.](#)



WINTER SWIM FEST



January 19, 20, and 21, 2018

DECK ENTRIES: Considered exhibition swims.
 \$12.00 per swim for 25m-400m events and \$15.00 per swim for 800m & 1500m events.

- Swimmer substitutions will not be allowed. Swimmers must be scratched and then the appropriate swimmers must be deck entered paying the deck entry fee.
- Deck entries will be considered in empty lanes or lanes available due to scratches at the discretion of the Clerk of Course.
- No additional heats will be added.
- Fees must accompany deck entry form.
- Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer.

SEEDING: Heats will be seeded slowest to fastest except in distance events (800m & 1500m) which will be seeded fastest to slowest.
 Seeding will be in order of times entered, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).

CONVERSIONS: Entries must be submitted using short course (SC) times in metres. Any non-conforming times (e.g. LC, Yards) must be converted to SC before submitting.
 Please use the Hy-Tek default for conversions of times to SC times before submitting entries.

AWARDS: Ribbons for individuals from 1st to 8th for age groups 9&U, 10, 11, 12, 13, 14, and 15&O.
 Relays: Ribbons for 1st to 3rd place teams.
 Heat winner ribbons.
High point award for top individuals in age groups 9&U, 10, 11, 12, 13, 14 and 15&O, based on the following points for individual events:

| <u>Place</u> | <u>Points</u> | <u>Place</u> | <u>Points</u> |
|-----------------|---------------|-----------------|---------------|
| 1 st | 10 | 5 th | 4 |
| 2 nd | 8 | 6 th | 3 |
| 3 rd | 6 | 7 th | 2 |
| 4 th | 5 | 8 th | 1 |

SCRATCH RULE: At the meet, scratches must be received no later than 20 minutes prior to the start of the session in which the swimmer is to compete.
 No scratch penalty shall be imposed for late or day of scratches.

RULES/SAFETY: Swimming Canada Warm-up Competition Safety Procedures will be in effect at this meet.
 The full document can be viewed [HERE](#).
 Coaches are responsible for the behaviour of their swimmers.
 Swimming in an orderly manner is required.
 Horseplay is strictly prohibited.
 No food on deck is permitted.

SPLIT TIMES: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the **session** in question.



WINTER SWIM FEST



January 19, 20, and 21, 2018

OFFICIALS: Officials registered with Swim Ontario / Swimming Canada are invited to assist at the Meet. Priority will be given to Clubs participating in the meet. For further information, contact Tim Newman, PICK Officials Director, at officials@pickswimclub.com.

SCHEDULE OF SESSIONS:

| Session # | Age Group | Date | Warm-up - Start Time |
|-----------|------------|--------------------------|----------------------|
| 1 | 11 & over | Friday Evening | 3:00 PM – 4:00 PM |
| 2 | 13 & over | Saturday Morning | 7:00 AM – 8:15 AM |
| 3 | 10 & Under | Saturday Early Afternoon | 12:15 PM – 1:00 PM |
| 4 | 11 – 12 | Saturday Late Afternoon | 4:15 PM – 5:00 PM |
| 5 | 13 & Over | Sunday Morning | 7:00 AM – 8:15 AM |
| 6 | 10 & Under | Sunday Early Afternoon | 12:15 PM – 1:00 PM |
| 7 | 11 – 12 | Sunday Late Afternoon | 4:15 PM – 5:00 PM |

NOTES: While on deck, spectators must stay in the bleacher and designated spectator area. Only swimmers, registered certified coaches, officials, pool staff and previously authorized people are permitted past this area. Photographers must obtain permission from the meet manager prior to the meet and “check-in” with the meet manager at the meet upon entering the pool deck.

PSYCH SHEETS: If possible, Psych Sheets will be posted prior to the meet on our website, www.pickswimclub.com, under the Meet Info - Hosted Meets tab.

MEET RESULTS: The meet program will be run on Hy-Tek Meet Manager. Results will be posted as quickly as possible at the meet. Official results will be posted to www.swimming.ca within 48 hours of the completion of the meet. Live Results will be available on our website www.pickswimclub.com each day through the “Live Results” link under the Meet Info – Hosted Meets tab. *NOTE: All times are unofficial until verified and published on www.swimming.ca.* Results will also be posted on Meet Mobile during the meet when possible.

Please visit our website at www.pickswimclub.com to obtain a Meet Package for our upcoming meets:

- PICK Rainbow Classic Meet: April 13 - 15, 2018
- PICK Last Gasp Meet: June 2, 2018



WINTER SWIM FEST



January 19, 20, and 21, 2018

SCHEDULE OF EVENTS

| SESSION 1 - FRIDAY PM - January 19, 2018 | | | | |
|---|--------------|------------------|--|----------------|
| 11 & Over Girls and Boys | | | Warm-up 3:00 – 4:00 PM Meet Starts at 4:00 PM | |
| Event # | Girls | Event | Boys | Event # |
| 1 | 11 & Over | 50 Freestyle | 11 & Over | 2 |
| 3 | 11 & Over | 400 Freestyle * | 11 & Over | 4 |
| 5 | 11 & Over | 800 Freestyle * | 11 & Over | 6 |
| 7 | 13 & over | 1500 Freestyle * | 13 & over | 8 |

| SESSION 2 - SATURDAY MORNING - January 20, 2018 | | | | |
|--|--------------|---------------------|----------------------------------|----------------|
| 13 & Over Girls and Boys | | | Warm-up 7:00 AM – 8:15 AM | |
| Event # | Girls | Event | Boys | Event # |
| 9 | 13 & over | 100 Freestyle | 13 & over | 10 |
| 11 | 13 & over | 50 Breaststroke | 13 & over | 12 |
| 13 | 13 & over | 200 IM | 13 & over | 14 |
| 15 | 13 & over | 50 Backstroke | 13 & over | 16 |
| 17 | 13 & over | 200 Breaststroke | 13 & over | 18 |
| 19 | 13 & over | 200 Backstroke | 13 & over | 20 |
| 21 | 13 & over | 100 Butterfly | 13 & over | 22 |
| 23 | 13 & over | 200 Freestyle Relay | 13 & over | 24 |

| SESSION 3 – SATURDAY EARLY AFTERNOON - January 20, 2018 | | | | |
|--|--------------|---------------------|-----------------------------------|----------------|
| 10 & Under Girls and Boys | | | Warm-up 12:15 PM – 1:00 PM | |
| Event # | Girls | Event | Boys | Event # |
| 25 | 10 & Under | 100 Freestyle | 10 & Under | 26 |
| 27 | 10 & Under | 50 Breaststroke | 10 & Under | 28 |
| 29 | 10 & Under | 200 IM | 10 & Under | 30 |
| 31 | 10 & Under | 50 Backstroke | 10 & Under | 32 |
| 33 | 10 & Under | 200 Breaststroke* | 10 & Under | 34 |
| 35 | 10 & Under | 25 Freestyle | 10 & Under | 36 |
| 37 | 10 & Under | 25 Butterfly | 10 & Under | 38 |
| 39 | 10 & Under | 200 Backstroke | 10 & Under | 40 |
| 41 | 10 & Under | 100 Butterfly | 10 & Under | 42 |
| 43 | 10 & Under | 200 Freestyle Relay | 10 & Under | 44 |

*Meet Management reserves the right to limit the number of entries



WINTER SWIM FEST



January 19, 20, and 21, 2018

SCHEDULE OF EVENTS (CONTINUED)

| SESSION 4 – SATURDAY LATE AFTERNOON - January 20, 2018 | | | | |
|---|--------------|----------------------------------|-------------|----------------|
| 11 - 12 Girls and Boys | | Warm-up 4:15 PM – 5:00 PM | | |
| Event # | Girls | Event | Boys | Event # |
| 45 | 11 - 12 | 100 Freestyle | 11 - 12 | 46 |
| 47 | 11 - 12 | 50 Breaststroke | 11 - 12 | 48 |
| 49 | 11 - 12 | 200 IM | 11 - 12 | 50 |
| 51 | 11 - 12 | 50 Backstroke | 11 - 12 | 52 |
| 53 | 11 - 12 | 200 Breaststroke * | 11 - 12 | 54 |
| 55 | 11 - 12 | 200 Backstroke | 11 - 12 | 56 |
| 57 | 11 - 12 | 100 Butterfly | 11 - 12 | 58 |
| 59 | 11 - 12 | 200 Freestyle Relay | 11 - 12 | 60 |

| SESSION 5 – SUNDAY MORNING – January 21, 2018 | | | | |
|--|--------------|----------------------------------|-------------|----------------|
| 13 & Over Girls and Boys | | Warm-up 7:00 AM – 8:15 AM | | |
| Event # | Girls | Event | Boys | Event # |
| 61 | 13 & over | 100 IM | 13 & over | 62 |
| 63 | 13 & over | 200 Freestyle | 13 & over | 64 |
| 65 | 13 & over | 100 Backstroke | 13 & over | 66 |
| 67 | 13 & over | 50 Butterfly | 13 & over | 68 |
| 69 | 13 & over | 100 Breaststroke | 13 & over | 70 |
| 71 | 13 & over | 200 Butterfly | 13 & over | 72 |
| 73 | 13 & over | 200 Medley Relay | 13 & over | 74 |
| 75 | 13 & over | 400 IM * | 13 & over | 76 |

| SESSION 6 – SUNDAY EARLY AFTERNOON - January 21, 2018 | | | | |
|--|--------------|-----------------------------------|-------------|----------------|
| 10 & Under Girls and Boys | | Warm-up 12:15 PM – 1:00 PM | | |
| Event # | Girls | Event | Boys | Event # |
| 77 | 10 & under | 100 IM | 10 & under | 78 |
| 79 | 10 & under | 200 Freestyle | 10 & under | 80 |
| 81 | 10 & under | 100 Backstroke | 10 & under | 82 |
| 83 | 10 & under | 50 Butterfly | 10 & under | 84 |
| 85 | 10 & under | 100 Breaststroke | 10 & under | 86 |
| 87 | 10 & under | 25 Backstroke | 10 & under | 88 |
| 89 | 10 & under | 25 Breaststroke | 10 & under | 90 |
| 91 | 10 & under | 50 Freestyle | 10 & under | 92 |
| 93 | 12 & under | 200 Medley Relay | 12 & under | 94 |
| 95 | 10 & under | 400 Freestyle * | 10 & under | 96 |

*Meet Management reserves the right to limit the number of entries



WINTER SWIM FEST



January 19, 20, and 21, 2018

SCHEDULE OF EVENTS (CONT'D)

| SESSION 7 – SUNDAY LATE AFTERNOON - January 21, 2018 | | | | |
|---|--------------|------------------|----------------------------------|----------------|
| 11 - 12 Girls and Boys | | | Warm-up 4:15 PM – 5:00 PM | |
| Event # | Girls | Event | Boys | Event # |
| 97 | 11 - 12 | 100 IM | 11 - 12 | 98 |
| 99 | 11 - 12 | 200 Freestyle | 11 - 12 | 100 |
| 101 | 11 - 12 | 100 Backstroke | 11 - 12 | 102 |
| 103 | 11 - 12 | 50 Butterfly | 11 - 12 | 104 |
| 105 | 11 - 12 | 100 Breaststroke | 11 - 12 | 106 |
| 107 | 11 - 12 | 200 Butterfly | 11 - 12 | 108 |
| 109 | 11 - 12 | 200 Medley Relay | 11 - 12 | 110 |
| 111 | 11 - 12 | 400 IM * | 11 - 12 | 112 |